

ONE TIME = ONCE

TWO TIMES = TWICE

THREE TIMES

YESTERDAY

2 HOURS AGO

LAST WEEKEND, YEAR

THIS MORNING *

THE OTHER DAY

IN 1989

Nobody will remember who won the world triathlon in Cozumel, Mexico, in 2016. Instead, they will remember the sacrifice of Alistair Brownlee, who stopped to help his brother, Jonny, instead of winning the gold medal himself.

As Jonny, 26, entered the last kilometre of the 10 km run, he was winning by a long way – he'd gone very fast in the swimming and cycling stages. But then he began to feel ill, because he hadn't drunk enough in the hot conditions, and he stopped at the side of the road. His brother, Alistair, was running behind him, but when he saw that Jonny had stopped, he didn't run past him to win the race. Instead, in a wonderful act of brotherly love, he took his brother's arm and helped him to run the final few hundred metres. Seconds before they reached the finishing line, South African Henri Schoeman, who had been behind them until then, ran past them both and won the gold medal.

Alistair said, 'It was a natural human reaction to my brother, but for anyone, I would have done the same thing.'

WHEN: IN 2016

WHERE: IN MEXICO IN THE CITY OF COZUMEL DURING THE WORLD TRIATHLON CHAMPIONSHIP

WHO: THE BROWNLEE BROTHERS

WHAT/WHY: ALISTAIR HELPED HIS BROTHER JONNY TO RUN THE FINAL FEW HUNDRED METRES

BECAUSE HE HADN'T DRUNK ENOUGH IN THE HOT CONDITIONS SO HE FELT ILL OR SICK/HHE AND STOPPED

THE CROWD TOLD HIM TO KEEP GOING BUT HE DIDN'T SPEAK SPANISH.

HOMEWORK:

WRITING – PAGE 49 EXERCISE 7A - **CHOOSE ONE STORY TO TELL**

GRAMMAR – PAGE 140 EXERCISE A AND B